## How quickly will I be seen?

The Optometrist will ask you some questions about your symptoms in order to ensure you meet the criteria and assess how quickly you need to be seen by the service. You will normally be seen within 48 hours (Monday to Saturday) of contacting the optometry practice.

You can also walk in without an appointment; however, you may be required to wait for an available appointment or be given an appointment for another time. This may be because there are no available appointments that day or because the Optometrist may need to put drops in your eyes.

### On the day of the appointment

Please take your glasses and a list of current medication with you to the appointment. The Optometrist may put drops in your eyes to enlarge your pupils in order to get a better view of the inside of your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the Optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the Optometrist will organise this for you. You may also be advised to make an appointment with your GP if your eye condition is in relation to your general health.





# Minor Eye Problems?



If you are having a recent problem with your eyes such as soreness, redness or visual disturbances, you can be assessed and treated by the Minor Eye Conditions Service (MECS).

This is a free service and you can arrange an assessment by simply contacting one of the optometry practices listed on the back of this leaflet to make an appointment.

This leaflet will tell you more about the service, including how to book an appointment and who is eligible for this service.

Leaflet developed by West Yorkshire Integrated Care Board and Wakefield Public Health, in conjunction with Wakefield Local Optical Committee and The Mid Yorkshire Hospital NHS Trust.

## What is the Minor Eye Conditions Service?

This is a **free** NHS service available from an appropriately trained and qualified Optometrist in your local area.

## Minor eye conditions that can be seen under the service include:

- Red eye or eyelids
- · Dry eye or gritty and uncomfortable eye
- · Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- In-growing eyelashes
- Foreign body in the eye (something in the eye)
- Recent and sudden loss of vision

## PLEASE NOTE THE MINOR EYE CONDITIONS SERVICE DOES NOT INCLUDE A SIGHT TEST OR LONG STANDING EYE PROBLEMS

If you have a major eye condition that is being regularly monitored by your Optometrist or hospital eye service, this will not be covered by this service. For example, cataracts, diabetic retinopathy, or glaucoma.

## Where should I go?

Registered optometry practices (high street opticians) offering the services are listed on the back of this leaflet. An appointment will normally be required, so please telephone first.

Appointments are available during normal working hours and some optometry practices offer appointments at weekends. Not all practices have an Optometrist available every day, but if they don't, they will be able to find you an alternative appointment nearby.

#### Who is this service for?

The service is available to adults and children who are registered with a GP practice in the Wakefield district.

Children under 16 years of age must be accompanied at their appointment by an adult.

## How do I book an appointment with the service?

There is no need to make a GP appointment or attend A&E for minor eye conditions. Instead, you can call one of the optometry practices in this leaflet or visit the NHS Wakefield District Health and Care Partnership website at:

https://www.wakefielddistricthcp.co.uk/local-services/choose-the-right-service/ or the Wakefield Public Health website at:

https://www.wakefield.gov.uk/adult-social-care/keeping-independent-and-healthy/fall-prevention/ for information.

Enhanced Optical Services Providers from 01.04.2023 to 31.03.2025				
Practice	Address	Post Code	Tel No	
Practices providing Minor Eye Conditions Service in central Wakefield				
Boots Opticians	1 Northgate, Wakefield, WF1 1HE		01924 387411	
Bayfields Opticians Wakefield Ltd	73 Northgate, Wakefield, WF1 3BX		01924 374282	
JR Morton (Wakefield) Ltd	24-25 The Springs, Wakefield, WF1 QA		01924 373117	
Pollards Optical Clinic	21 Cross Square, Wakefield WF1 PQ		01924 373697	
Specsavers Wakefield	30-32 Little Westgate, Wakefield WF1 1JY		01924 383500	
Specsavers Wakefield (Sainsbury's)	Sainsbury's Wakefield, Lower Trinity Walk, Wakefield, WF11OQ		01924 668174	
Practices providing Minor Eye Conditions Service in Outwood				
Valli Opticians (Wakefield) Ltd	545 Leeds Road, Outwood, Wakefield WF1 2PN		01924 822102	
Practices providing Minor Eye Conditions Service in Ossett, Horbury, Middlestown & Netherton				
Auckland Opticians, Horbury	9 High Street, Horbury, Wakefield WF4 5AB		01924 272522	
Bayfields Opticians Ltd	5 Wesley Street, Ossett, Wakefield WF5 8ER		01924 260490	
Auckland Opticians, Ossett	27 Towngate, Ossett, Wakefield WF5 9BL		01924 263313	
Practices providing Minor Eye Conditions Service in Normanton				
Moorhouse Opticians Ltd	32 High Street, Normanton WF6 2AB		01924 893202	
Practices providing Minor Eye Conditions Service in Ackworth & Featherstone				
Moorhouse Opticians Ltd	19/21 Station Lane, Featherstone WF7 5BE		01977 791714	

Practices providing Minor	Eye Conditions Service in Pontefrac	t		
Bayfields Opticians	32 Ropergate, Pontefract WF8 1LY	01977 702 565		
Boots Opticians	15 Woolmarket, Pontefract WF8 1AZ	01977 795 416		
Brosgill Opticians	4 Market Place, Pontefract WF8 1AX	01977 780 974		
Moorhouse Opticians Ltd	51 Ropergate, Pontefract WF8 1JY	01977 703 307		
Specsavers Pontefract	14 Woolmarket, Pontefract WF8 1AZ	01977 602 600		
Practices providing Minor Eye Conditions Service in Hemsworth, South Elmsall, Havercroft & Upton				
D Bank Eyecare	55 Barnsley Road, South Elmsall WF9 2QW	01977 642 244		
McCormack Opticians Ltd	73/75 Kirkby Road, Hemsworth WF9 4AS	01977 613 310		
McCormack Opticians Ltd	Rycroft Primary Care Centre, Madeley Road, Havercroft, WF4 2QG	01226 725 555		
Moorhouse Opticians Ltd	4 Highfield Road, Hemsworth, Pontefract, WF9 4DP	01977 611 744		
South Kirkby Eyecare Ltd	Church View Medical Centre, Langthwaite Rd, South Kirkby WF9 3AP	01977 648 844		
Specsavers South Elmsall	10 Barnsley Road, South Elmsall WF9 2SE	01977 648 182		
Practices providing Minor Eye Conditions Service in Castleford				
Specsavers Castleford	54E Carlton Street, Castleford WF101AH	01977 603 300		
Moorhouse Opticians	103 Carlton Street, Castleford WF10 1DX	01977 552 312		
VisionCare Optometry	19 Sagar Street, Castleford WF10 1AG	01977 282 100		
Vision Value Opticians Ltd	73 Carlton Street, Castleford WF10 1DE	01977 552 776		